

# SAY Ahh

ACT ON MOUTH HEALTH



**SADA**

THE SOUTH AFRICAN  
DENTAL ASSOCIATION

#SayAhh

#SADA

#WOHD19



Take care of your oral health to  
protect your mouth and body.

LEARN AND ACT

[www.sada.co.za](http://www.sada.co.za)

[www.worldoralhealthday.org](http://www.worldoralhealthday.org)



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