



**SADA**  
THE SOUTH AFRICAN  
DENTAL ASSOCIATION

# SAY Ahh

UNITE FOR MOUTH HEALTH



World Oral  
Health Day  
20 March



## YOUR MOUTH IS AMAZING!

It helps you eat, speak and smile confidently—to enjoy life.

**PLEDGE**

TO LOOK AFTER YOUR ORAL HEALTH  
AND INSPIRE OTHERS TO DO THE SAME

SCAN ME FOR  
MORE INFO



#WOHD20

#UNITE  
FOR MOUTH  
HEALTH



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