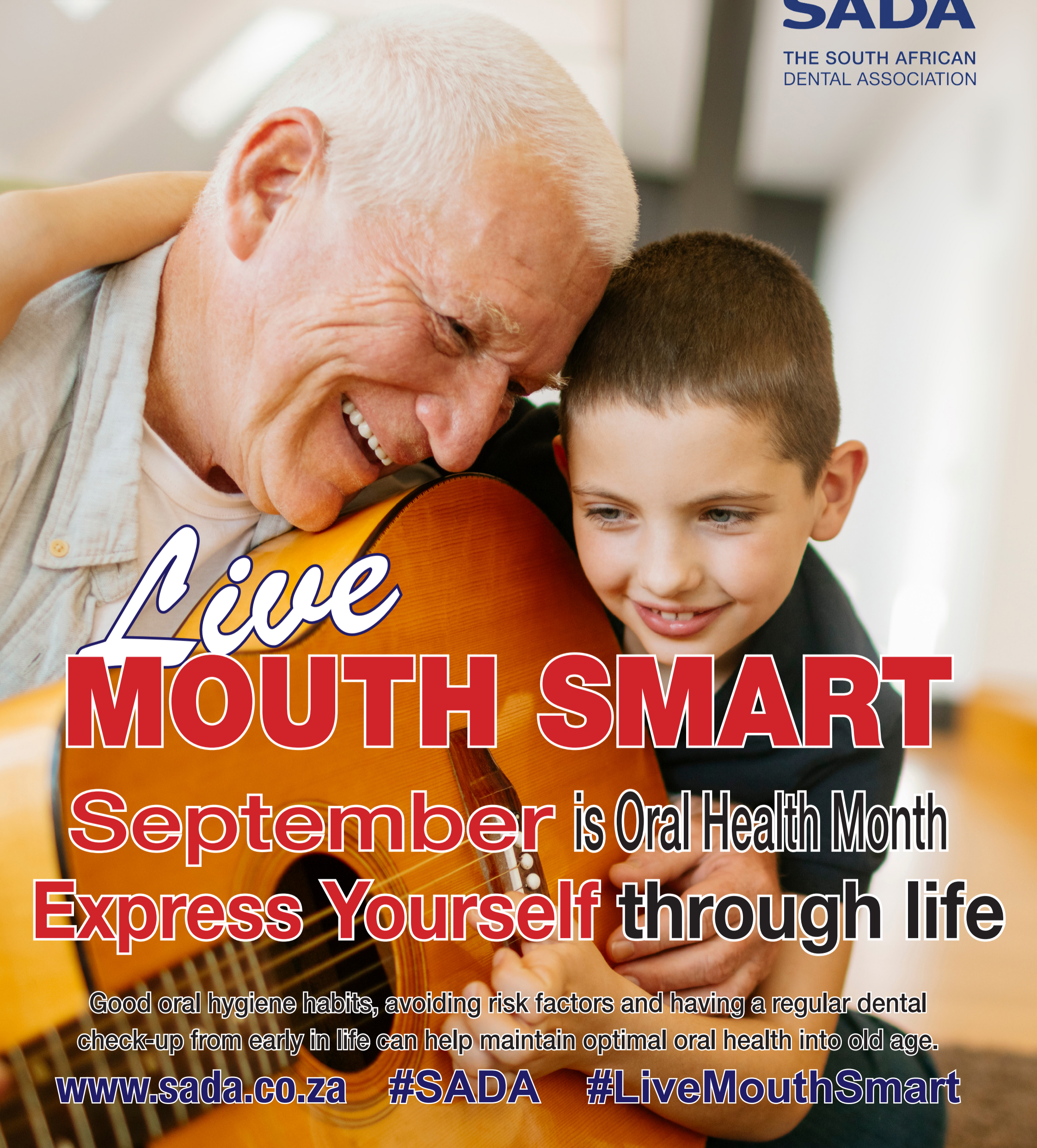


**SADA**

THE SOUTH AFRICAN  
DENTAL ASSOCIATION



*Live*  
**MOUTH SMART**  
September is Oral Health Month  
**Express Yourself through life**

Good oral hygiene habits, avoiding risk factors and having a regular dental check-up from early in life can help maintain optimal oral health into old age.

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